

American Bowen Academy

Continuing Education Class Outline

Visual and Manual Assessment

Instructor: Harry Wharff - Bowenworks1@gmail.com - 916-599-5178

CE Class Hours: 16

Cost: \$430.00

Pre-requisites: Completion of Mod 6

I. Rationale:

Why does this class exist?

To give practitioners additional tools to be able to assess their clients thoroughly. These tools will help the practitioner to determine what procedures are needed to help the body correct and heal itself. The more the practitioners hone their assessment skills the fewer procedures will be required to help the body correct itself.

How does it fit in with the rest of the Academy's curriculum?

The practitioners have previously learned to do the procedures as designed in Modules 1–6. They will also learn how to use the skills in this class to better assess their clients. In utilizing the skills learned the practitioner can assess what the body needs and areas of concern of the client.

II. Class Aims and Outcomes:

Aims:

To help the students understand how the body works and moves as a whole, and not as individual parts.

Specific Learning Outcomes:

By the end of this class, participants will have a better understanding of how to assess what they see and hear from the client to better determine what procedures to use to address their client's conditions.

Practitioners will learn:

1. How to divide the body into sections
2. Static Positions
3. Procedures for static positions
4. View the body in motion
5. Procedures for the body in motion
6. Balancing
7. Intake forms
8. Listening to clients
9. Questions to ask your clients:
 - A. How the injury happened
 - B. Chronic problems
 - C. Repetitive actions
 - D. What actions created their conditions?

III. Class Requirements:

In this class, the practitioners will learn to visually assess their client and be able to apply the procedures needed to address their client's condition.

IV. Additional Resource Readings: Muscle Premium app.