

## **Distance Bowenwork**

### ***Maintaining a practice when you can't see clients in person***

**Instructors: Nancy Pierson, Karin Twohig**

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**Class Format: Home-study**

**Hours/CE Credit: 8**

**Cost: \$120**

**Pre-requisites: Module 1**

#### **I. Rationale:**

Join Nancy Pierson and Karin Twohig on an adventure into the realm of doing Bowenwork "through the ethers." Nancy and Karin have been performing "distance Bowenwork" for many years and informally sharing with practitioners how to do distance work. Now, spurred by distancing requirements, Karin and Nancy are taking practitioners step-by-step into the surprisingly effective world of distance Bowenwork. This class reflects how they learned to become confident with doing distance work.

#### **II. Presentation Aims and Outcomes:**

##### ***Aims:***

- To share with students and practitioners a step-by-step methodology for gaining confidence using distance Bowenwork
- To show how the work of Dr. Masaru Emoto, Dr. Bradley Nelson, and Dr. Valerie Hunt supports the principles of working through energy fields
- To explore the ethics of distance Bowenwork
- To consider the pricing of distance Bowenwork sessions
- To complete case studies of distance sessions

##### ***Specific Learning Outcomes:***

After completing this course, the student should be able to:

- Conduct a successful Bowenwork session on persons not physically present with them
- State four keys to successful distance work
- State the rules of ethics applicable to distance Bowenwork
- Feel comfortable with the pricing schedule they have chosen

### III. Presentation Requirements:

This class is conducted on the online platform Ruzuku, which Karin and Nancy have used for their online Fascia class.

The lessons take you step-by-step through distance sessions. These sessions' mechanics are gradually simplified from the session practitioners' mechanics on clients in person. Practicing each of the session formats will help you choose which method of distance Bowenwork you are most comfortable with under different circumstances, thus gaining confidence in the distance technique's efficacy.

Once you have achieved a degree of confidence, you will complete three case studies using both a case study form specifically created for this course and the MYCAW (Measure Yourself Concerns and Wellbeing) format of evaluation by clients.

You may sign up and join in at any time. There are no fixed times the class will be run. When you complete all the assignments, and the instructors review your case studies, you are

### IV. Resource Readings:

**None**

### V. Time Allocation:

<b>At your own pace</b>	<b>CE hours</b>	<b>Topic – Content Outline</b>	<b>Teaching Method / Learning Activity</b>
	1.0	Intro to Distance Bowenwork	Reading, contemplation, discussion
	2.0	Distance work mimicking a regular	Performing two sessions long distance
	0.5	Distance work eliminating the waits	Performing one session long distance
	1.0	Session performed at a time different from the time the client receives it	Performing two sessions long distance and not in "real time."
	3.5	Case studies	Performing long-distance sessions on three persons, at least twice each, and filling out a MYCAW form and a special case
<b>Total:</b>	<b>8.0</b>		