

Bowenwork Practice During COVID-19

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Class Format: Home-study

Hours/CE Credit: 4 hours

Cost: \$40

Pre-requisites: None. Learners may start at any time during their training.

I. Rationale:

At the time of writing the class information (June 2020) the COVID-19 pandemic is a rapidly evolving situation. This class provides general best practice guidelines for Bowenwork practitioners (who work in close contact with clients) to prepare and maintain their businesses during a health crisis and prevent further spread of disease. The recommendations are based on references from the Centers for Disease Control and Prevention (CDC), Occupational Safety and Health Administration (OSHA) and peer professional bodywork associations such as the Federation of State Massage Therapy Boards (FSMTB), American Massage Therapy Association (AMTA) and Association of Bodywork and Massage Professionals (ABMP).

II. Presentation Aims and Outcomes:

Aims:

The class aims to engage the Learner in focusing on hygiene, sanitation and disinfection measures, use of personal protective equipment (PPE) and developing workplace policies and procedures, relative to the outbreak of a communicable disease, such as COVID-19, to be able to maintain a safe and therapeutic environment for clients and the practitioner.

Specific Learning Outcomes:

By the end of this class, the Learner will have knowledge of, and be able to implement, appropriate actions in the workplace regarding:

1. Infectious Disease Transmission and Prevention
2. Assessing the Practitioner's Risk for Infection
3. Testing and Disease Notification
4. Isolation and Quarantine
5. Applying Standard Precautions in a Bowenwork Practice:
 - Hand hygiene
 - Office cleaning and disinfection
 - Office and Bowenwork room organization
 - Handling payments
 - Handling soiled linens
6. Use of Personal Protective Equipment
 - Face coverings
 - Disposable gloves
 - Disposable gowns
 - Additional office attire
 - Protective eye wear

7. Policy and Procedure Guidelines for Bowenwork Practitioners

- Communicating office policy and procedural changes to new and existing clients
- Scheduling Bowenwork sessions
- Health screening and check-in protocol prior to a Bowenwork session
- Contraindications
- Informed consent update
- Compliance with Health Department contact tracing efforts notification

III. Presentation Requirements:

After reading the manual, the Learner will demonstrate her/his understanding of the increased strategies and policies necessary for a Bowenwork Practitioner, working in close contact with clients, to prevent the spread of an infectious disease by creating the following:

1. A sample letter with details that inform clients about the new office policies and procedures the practitioner will implement during the health crisis.
2. A health screening intake form that captures relevant information about a client's current state of health during the occurrence of an infectious disease.

An updated Informed Consent form.

IV. Resource Readings: A digital class manual will be provided via email.

V. Time Allocation: Self-pace home-study class. It is estimated that the Learner will be engaged with the class materials and assignments for approximately 4 hours. S/he will read the manual and then create a client information letter, health screening intake form and informed consent form that will be sent to the instructor, via email or postal mail, for review and verification for 4 CE hours.